



Wings of Hope



Your Dollars in Action:



Luke
Doerun, Georgia

Age 6

Awarded two grants, \$4,300 and \$2,000, for occupational therapy

Luke loves animals, playing with his brothers and being the most active little boy he can be! Diagnosed with autism, he receives occupational therapy every week. His UHCCF medical grant is assisting with the expense of his therapy. He is making exceptional progress.



Lincoln
Boise, Idaho

Age 7

Awarded a \$2,000 grant to assist with diabetic supplies and prescriptions

Diagnosed with type 1 diabetes and celiac disease, Lincoln's UHCCF medical grant made it possible for him to receive an insulin pump and high-tech continuous glucose monitor. Now, Lincoln's parents can monitor his glucose anytime or place. This has provided them great peace of mind. Lincoln feels much more self-assured about his health with this added support.

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The Joke's on US!

The first 10 people to spot the hidden *Birthday, Holiday & Celebration Jokes* book and then reply to this email with the correct answer will win their own copies!





Your Dollars in Action:



Ryan

Kensington, Connecticut

Age 7

Awarded two grants, \$4,000 and \$1,000, for therapy

Ryan was diagnosed with autism at age 2. As he got older, he exhibited self-injurious behaviors, aggression, and non-compliance. He greatly needed therapy to learn how to manage his behaviors, and gain social skills. Even with insurance, his family could not afford the monthly deductible charges. Thanks to the medical grants, Ryan is receiving at home behavioral therapy for 2-hour periods 4 times a week. Today, Ryan is growing into an exceptional, polite, and kind young man. He is thriving both in school and at home.

Syed

Indianapolis, Indiana

Age 3

Awarded \$1,500 grant for ABA therapy, occupational therapy, and speech therapy

Syed was diagnosed with autism spectrum disorder and sensory processing disorder. His UHCCF medical grant assisted his family Physicians Assistant for ongoing communication therapy to improve his speaking and social skills. Everyday, Syed is becoming a stronger, more confident communicator. We know he'll only continue to improve.

“ We were struggling to pay for my son’s medical expenses, but the UHCCF medical grant made it possible for us to give him the support he needs. We are forever thankful. ”

UHCCF grant recipient Syed’s mom





Upcoming Events & Programs

Get involved! Click any header to learn more or sign up.

[UHCCF Kid-Designed Holiday Cards](#)

Online – Available Oct. 15

Purchase unique kid-designed holiday cards to send to family and friends. They will be available on the [UHCCF Amazon website](#). One hundred percent of the proceeds will go toward helping award medical grants to children across the United States.

[Lynch Creek Farm](#)

Online – Oct. 15-Dec. 15

Help UHCCF raise funds for medical grants by purchasing festive greens for yourself or as a gift through UHCCF's fundraising site, with a beautiful selection of holiday wreaths, centerpieces, garland, and more to choose from. Feel good knowing that 20 percent of every purchase will benefit future UHCCF medical grants for kids! Shop [here](#).

[Minneapolis Holiday Boutique](#) Minneapolis, Minnesota

Nov. 9-11

Find something for everyone on your list by shopping the UHCCF Holiday Marketplace booth at one of the country's largest holiday boutiques! Spend \$50 and get a spin on the UHCCF Prize Wheel. All purchases from UHCCF Holiday Marketplace will fund future medical grants for kids!

[UHCCF Mission Ride](#)

San Antonio, Texas

Nov. 10

Enjoy an Autumn ride through 3 of San Antonio's historic missions! Sign up [here](#) to be part of this beautiful ride. Ride options include: 30 miles, 62 miles, and a children's ride!

[UHCCF's 4th Annual Online Holiday Toy & Gift Auction](#)

Online – Nov. 7-16

UHCCF is teaming with some name-brand companies to offer toys, gift cards, electronics, and more for all ages. Get your holiday shopping done with just a few clicks, and help others at the same time. All proceeds from the auction will fund future medical grants for kids! Preview of items coming [here](#) soon.

[Frosty Fat Tire Festival](#)

Minnetonka, Minnesota

Feb. 2

Save the date for the 2nd annual Frosty Fat Tire Festival! Ride a beautiful and hopefully snowy circuit on the grounds of the Lafayette Club on Lake Minnetonka as many times as you can to raise dollars for kids! Other snowy activities include: Minnesota-inspired lunch, live music, reindeer rides, Hammerschlaugen, fantastic bucket raffle, and prize wheel.



Ongoing Ways to Support UHCCF: Grins² Program

Give a child a dose of happiness and help raise money for medical grants for kids by donating a Grins to Go[®] activity bag or Oliver[®] Bear to a child at one of the participating organizations across the country. You can help make smiles [here](#).

Employee Giving Challenges

Texas

Two FUN team challenges are coming. UnitedHealth Networks is hosting an ugly holiday sweater contest this holiday season. Texas employees can look forward to a lip-sync contest in early 2019. Employees can vote for their favorite with each dollar donation counting as a vote. The team with the most dollars raised for UHCCF wins! Have another fun fundraising idea for your team or department? Contact taja_g_mahaffey@uhc.com.



Upcoming Events & Programs continued

Looking into 2019



UHCCF Topgolf

We're thrilled to kick off our partnership with Topgolf! Come out to one of our 2019 events below and enjoy a super fun, energy-packed evening of golf activity for all, delicious food, and contests.

- Atlanta, GA 3/12
- Overland Park, KS 4/23
- St. Louis, MO 4/24
- Centennial, CO 5/1
- Nashville, TN 5/7
- Hillsboro, OR 5/8
- Chicago, IL 5/8
- Salt Lake City, UT 6/17



UHCCF Golf Classic

Attend a UHCCF Golf Classic event for an unforgettable day of golf and fun. 2019 dates and locations are already locked in, so mark your calendar!

- Golf Classic at Firerock (Phoenix, AZ) 3/11
- South Florida Golf Classic at Shula's (Tampa, FL) 5/16
- Golf Classic at Hazeltine (Chaska, MN) 7/29
- NE Golf Classic at Lake of Isles (North Stonington, CT) 9/24
- MD Golf Classic at Manor (Rockville, MD) 10/7
- MS Golf Classic at Dancing (Rabbit Choctow, MS) October



Hope Rides

Hope Rides cycle series is excited to be growing with one NEW ride in 2019!

- Frosty Fat Tire Festival (Minnetonka, MN) 2/2
- Tour de Triangle (Cary, NC) 4/13
- Velo and Vines (Healdsburg, CA) 6/8
- Century Ride (Eden Prairie, MN) 7/28
- Maryland Ride (Rockville, MD) 9/21
- Mission Ride (San Antonio, TX) 10/26



Team UHCCF -Runs

- Rock and Roll Marathon (Phoenix, AZ) 1/19-20
- Rock and Roll Marathon (New Orleans, LA) 2/9-10
- Rock and Roll Marathon (Washington, DC) 3/9
- Rock and Roll Marathon (San Francisco, CA) 4/7
- Rock and Roll Marathon (Nashville, TN) 4/25-28
- Grandma's Marathon (Duluth, MN) 6/22
- Twin Cities Marathon (Minneapolis-St. Paul, MN) 10/6
- Teddy Bear Run (Las Vegas, NV) October
- Rock and Roll Marathon (Savannah, GA) November
- Rock and Roll Marathon (Las Vegas, NV) November
- Rock and Roll Marathon (San Antonio, TX) December



Other Ways to Support UHCCF:

UHCCF Ambassador Program

Nationwide

UHCCF is excited to introduce a NEW Ambassador program to further our mission of improving children's lives and helping families gain access to the care they need through medial grants. Our Ambassadors will meet quarterly and help to promote UHCCF across UnitedHealth Group, and in their communities. Ambassadors may help plan local events, build awareness, fundraise, and most importantly help improve the lives of children across the U.S. To learn more or to become an ambassador, email angela.larson@uhc.com.

UHCCF Planned Giving Program

At UHCCF, we believe our grant kids are the heroes of our society. With our Legacy Heroes program, you can change lives by becoming their heroes.

Supporting UHCCF through planned giving enables us to fund medical grants to children and their families in communities across the country. Your support today will continue to have an impact on future generations of young people. There are many options for charitable giving. We hope you consider one that works well for your needs.

Below are some ways to give.

- Cash, check, or credit card
- Memorial and tribute gifts
- Complex assets (i.e., real estate, boats, artwork)
- IRA charitable rollovers
- Beneficiary designations (i.e., retirement plans, life insurance policies, wills, and living trust bequests)
- Stocks
- Charitable trusts
- Charitable annuities

It's easy to become a Hero.

Contact a UHCCF Planned Giving representative:

- Email: plannedgiving@uhccf.org
- Call: 1-855-MY-UHCCF (1-855-698-4223)
- Online: uhccf.org
Simply select your giving option on our website.

Help
Kids.
Change
Lives.
Leave a
Legacy.





Event Updates

September–October

Northeast Golf Classic

North Stonington, Connecticut

Sept. 25, 2018

It may have been a wet day, but the golfers and volunteers braved the elements and made it a truly memorable experience of golf, food, prizes, contests, and networking, raising more than \$82,000! Thank you to the Lamb family – parents Erin and Don and their children, UHCCF grant recipients MaryAnn, Isaiah, Nathaniel, Isabella, and Gabriel. Each child received at least one medical grant from UHCCF, totaling \$30,000 in grants helping the family pay for physical therapy, occupational therapy, and orthotics. A big thank you to all of the local brokers, clients, providers, vendors, employees, and Miss Connecticut 2018, Bridget Oei, for coming too!



Above: Ed Skopas and Elizabeth Winsor show the funds raised for UHCCF.

Left: UHCCF Grant family – MaryAnn, Isabella, Nathaniel, and Isaiah with Oliver the Bear





Event Updates continued

2nd Annual Evening of Blue Jeans, Beer, and BBQ

**Covington, Louisiana
Sept. 7, 2018**

An Evening of Blue Jeans, Beer, and BBQ at Abita Brewery Taproom raised more than \$40,000 for UHCCF. UHCCF was proud to have the mother of Siena, a local grant recipient, in attendance, along with more than 100 people. Siena is 3 years old and suffers from seizures and developmental delays. Siena's UHCCF medical grant has covered the costs of her medications, and physical and feeding therapies. Guests enjoyed Sweet Daddy's BBQ, live music, and a silent auction. Thank you to sponsors Hub International, LCMC Health, Alford & Associates, BXS Insurance, Dwight Andrus Insurance, Franciscan Missionaries of Our Lady, Gallagher, LabCorp, People's Health, Louisiana Women's Healthcare and Woman's Hospital, Cahaba Benefits Group, Gilsbar, Hollis Companies, Louisiana Companies, Massad Olinde Benefits Consulting, McGriff Insurance Services, Rogers Benefit Group, and USI. Special thanks to Gulf States Coast Plan CEO Joe Ochipinti and his wife Deirdre for hosting the event, and Nelson Rains, Ayn Cook, and Tony Taffaro who were also a huge part of the event's success. Save the date for next year's event, Sept. 29, 2019.



(L to R): John O'Brien, Christine O'Brien, UnitedHealthcare VP, and Nelson Rains, UnitedHealthcare VP



UHCCF grant recipient Jennifer Johnson (second from left) and her daughter's speech therapist Paula Teachout (left) join Joe Ochipinti, CEO, UnitedHealthcare-Gulf States and his wife Deirdre.





Event Updates continued

Minnesota Topgolf

**Brooklyn Center, Minnesota
Sept. 24, 2018**

The UHCCF inaugural Minnesota Topgolf event was fantastic! It was an energy-packed evening of fundraising for future UHCCF medical grants for kids, golfing, delicious food, fabulous prizes, and contests, and special appearances by T.C. Bear of the Minnesota Twins, and Viktor the Viking and Minnesota Vikings Cheerleaders. UHCCF was honored to have local grant recipients Casey and Athulya, along with their families, in attendance. Thank you to our amazing sponsors for making this event a success!



Medtronic Twin Cities Marathon and 10-Miler

**Minneapolis-St. Paul, Minnesota
Oct. 7, 2018**

Team UHCCF ran in the beautiful Medtronic Twin Cities Marathon and 10-mile. The run started in downtown Minneapolis and ended at the State Capitol with a fun Team UHCCF after-party. Together, 30 people raised more than \$24,000 to fund future medical grants for kids! A special thank you to our UHCCF grant recipient Aidan and his mom for attending, as well as our Team Coach Jason Rezac! Thank you to our sponsors: Rally Cycling, Marinar Group, ISI Language Solutions, and Polaris Direct.



“ Ryan is now seven years old and thriving both at school and at home. I truly do not think this would be possible if it weren’t for the financial help from UHCCF.”

UHCCF grant recipient Ryan’s mom
(Read his story on page 2.)





Event Updates continued

Utah Topgolf

Midvale, Utah
Sept. 5, 2018



Back row - Casey Galt (mother of grant kids), Hamilton Day (LHM Sports and Entertainment), Kevin Pigg (LHM Sports and Entertainment), Pam Gold (UnitedHealthcare), and Riley Galt (Father)
Front row - Anna and Kate (grant recipients)

The inaugural Utah Topgolf event to benefit UHCCF was a fantastic night of fun, golf, food, prizes, contests, and networking for over 90 golfers and guests, raising more than \$32,000. It was attended by local brokers, clients, providers, and the LHM Sports and Entertainment team.

The Galt Family with Leaders from National MedTrans and UnitedHealthcare.



“ Everything is so expensive and a lot of times we had to pay for his therapy with our grocery money. The UHCCF grant helps us to keep going.”

UHCCF grant recipient Luke's mom
(Read his story on page 1.)





Event Updates continued

Maryland Golf

On Oct. 1, the 9th Annual UHCCF LabCorp Golf Classic, presented by KELLY, was hosted by Kevin Ruth, Senior VP, Health Advancement, UnitedHealth Group. More than 117 golfers took on the course at Manor Country Club. The day began with a welcome from Kevin Ruth and Matt Peterson, President of UHCCF. The group enjoyed meeting grant recipient Lucas Ochoa from Mechanicsville, MD. The fundraiser, including the raffles of many items, raised \$175,000, which will be used for medical grants for families in the northeast.



Above: Beautiful morning at Manor Country Club for the 9th Annual LabCorp Golf Classic Presented by KELLY.



Left: Grant recipient Lucas Ochoa with his family and UHCCF friends. (from left) Tammy O'Hare – UnitedHealthcare, sister Anna, Luke, father Jose, Kevin Ruth – UnitedHealthcare Executive, mother Melissa, brother Jude, and Denise Nelson – UHCCF Grant Manager

Mississippi Golf

Golfers from across Mississippi gathered on Monday, Oct. 8, at the Dancing Rabbit Golf Club in Philadelphia, Mississippi, for a day of golfing and fundraising. Participants were rewarded for their hard work on the links with a post-tournament awards luncheon and live auction. It was an honor to have UHCCF grant recipient Alea Mayo attend. The 10th annual event raised more than \$38,000 for medical grants for kids.



“ Lincoln was scared to talk about his condition at first, but now has built up so much more confidence. ...we are grateful for what UHCCF has done to help.”

UHCCF grant recipient Lincoln's mom (Read his story on page 1.)





Minute with Matt

Dear Friends,

The season of thanks and giving is officially upon us and with that I would like to express my sincere gratitude to all those involved with the Foundation. Whether you have donated your time, talent, or dollars, we hope you realize how much of an impact you are making in the lives of children and families across the nation. So far this year, UHCCF has awarded more than 2,500 grants valued at over \$3.9 million and puts us closer to reaching our goal of 20,000 medical grants in 2020.

This issue of our newsletter specifically showcases our exciting holiday programs, retail items, and events with all proceeds from these efforts going directly toward funding medical grants for children. As we approach the holidays, it is my hope that in the spirit of giving, you will begin your shopping with us. What better way to celebrate the season than knowing you are improving children's lives and helping families gain access to the health care they need.

Please continue to help us spread the word and increase awareness of the Foundation. If you know of a child who may benefit from a medical grant, please know that grants are available—and pass our information along.

We would not be where we are today without dedicated supporters like you. Together we DO change lives.

Sincerely,

Matt Peterson

UHCCF President



“We hope you realize how much of an impact you are making in the lives of children and families across the nation.”

Matt Peterson

